

Four Seasons

Walking Through the Doors of Galilee

Four short weeks ago, I began working at the Galilee Centre as a summer student, filling the role of Guest Service Assistant. Although having grown up in Arnprior, I was never aware of what the Centre was & what purpose it served. Since I began working here, however, I have started to understand what makes this such a special place.

When I welcome guests who are staying for a retreat, I repeatedly sense stress stemming from the crazy, fast-paced world that we all live in today. By the end of their stay, however, I notice complete relaxation & genuine joy. The contrast is amazing.

If there is one thing that I can take away from my time here so far, it is the importance of unplugging from technology. As I have witnessed here at Galilee, life at its best is happening right in front of us. Conversations are genuine & authentic, all of which we miss out on when we are looking down at our screen.

I look forward to seeing what these next few months have in store!

Paige Miller

Serenity & Surrender

Facilitated by

Archbishop Emeritus Sylvain Lavoie OMI

& Michelle Reis-Amores

August 16th - 18th

Rest, renew & deepen your sobriety at this Twelve Steps Weekend. We will focus on the power of Step 1: The Recovery Process, Step 2: Your Community, Step 3: The Decision to turn over your will to a higher Power.

Single \$290, Double \$250, Commuter \$200
To Register: 613-623-4242 ext 21 or
info@galileecentre.com



SUMMER 2019

Galilee in Arnprior

We are so blessed at Galilee Centre to welcome people from Ottawa, from across Canada, and visitors from far and wide. During the summer months, people seem drawn to be on the land and in our beautiful settings to join in our contemplative retreats. It is always a special joy when someone lets us know that they have sought us out and in doing so have found a place of spiritual nourishment and growth. More and more we welcome seekers with a diversity of backgrounds. Catholics, other Christian denominations and seekers from a breadth of faith traditions and none, are finding a spiritual oasis here.

And yet ironically, we are still a bit of a mystery to many of the local folks. We continue to do our best to be a place of welcome to people near as well as far. From May to October a community of local gardeners till the soil in a growing number of small individual plots. In any season children from the local day care walk with amazement around the grounds under the watchful care of their teachers and guardians. The Gillies Grove and adjacent walking paths draw a steady stream of hikers and explorers. It is all

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Healing The Future: Transforming Anger & Anxiety Into Gifts Facilitated by Matt Linn S.J. October 4th - 6th

When looking at the future, what keeps me from feeling really happy? Is it anxiety over health, an ongoing difficult relationship or the loss of our dream? Maybe it is a bigger problem of a world with increasing violence, global warming, & financial insecurity. This retreat will offer processes of healing to create a future giving new life rather than the future that is now taking our life & the life of our children and grandchildren.

Single \$330, Double \$305, Commuter \$270

**Register: 613-623-4242 ext 21
or info@galileecentre.com**

Galilee in Arnprior

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very gratifying and yet we would love to do more.

We continue to offer opportunities for the Arnprior community to visit Galilee Centre. Partnering with the United Way to provide hot meals & information for seniors with our Toonie Talks for Seniors is one example. Inviting the community to join us for regular luncheons in our historic dining room, we host special events such as the Solstice Run each December, and always welcome anyone who walks in our doors, wanting to know more about us, what we do, the building, grounds, and the history of it all.

We hope you will act as our ambassadors, telling people about us and encouraging them to visit for as briefly or as long as they like.



Five-Day Directed Retreat

Facilitated by Fr. R. Boucher, OMI, Fr. R. Kelly, OMI,
Sr. L. Germain, CSJ, Sr. M.C. Kelley, GSIC

July 26th - 31st

Cost: \$650

Retreat in an environment of silence, as a part of a praying community discerning the ways of God through prayer. Each day you will meet with your Spiritual Director to speak of your life & prayer. Your Director will ask you questions, give you scripture passages, or suggest other ways to pray. You will spend the next 24 hours praying, walking in the grounds of Galilee, napping or just being quiet.



SUMMER 2019



Galilee Centre
The perfect spiritual setting, year round

Calendar

AUGUST

Serenity & Surrender - Aug.
16-18

Monthly Eucharist with
Fr. Richard Kelly, OMI -
Aug. 17, 4pm

Adi Shakti - Aug. 2 - 5

Ottawa Chinese Christian
Church - Aug. 3

Diocese of Pembroke - Aug.
6 - 8

True North Insight - Aug. 16 - 18

OMI Annual Retreat - Aug.
18 - 23

Former Oblates Retreat -
Aug. 23-25

Awakening to Our True Nature
- Aug. 25-30

SEPTEMBER

Monthly Eucharist with
Fr. Richard Kelly, OMI -
Sep. 21, 4pm

Galilee Jamboree - Sep. 29

True North Insight - Sep. 5 - 13

Anglican Studies Group -
Sep. 13 - 15

Ottawa Buddhist Society -
Sep. 15 - 22

Merck - Sep. 27

Caint is Comhra - Sep. 27 - 29

OCTOBER

Healing The Future - Oct. 4 - 6

Oktoberfest Luncheon - Oct. 10

Monthly Eucharist with
Fr. Richard Kelly, OMI -
Oct. 19, 4pm

Arnprior Regional Health - Oct. 1

Cornerstone Housing for
Women - Oct. 3 - 4

Ottawa-Montreal Prayer Group
- Oct. 4 - 6

A Journey With Your Spirit -
Oct. 6 - 7

Mindfulness, Creative Journaling
& Psychology Retreat -
Oct. 11-13

Ottawa Mindfulness Clinic -
Oct. 18 - 23

True North Insight - Oct. 24-27



Galilee Centre
The perfect spiritual setting, year round

Name: _____

Address: _____

City/Town: _____

Prov: _____ Postal Code: _____

Phone: _____

E-Mail: _____

**Yes! I would like to support Galilee Centre.
I am enclosing a contribution of:**

____ \$50 ____ \$100 ____ \$275 ____ \$500

Other: _____

Please return to:
398 John St North
Arnprior ON K7S 2P6

**or call 613-623-4242 ext 21
to donate by credit card**