

## 7-DAY DIRECTED RETREAT

Retreat in an environment of silence, as a part of a praying community discerning the ways of God through prayer. Each day you will meet with your Spiritual Director to speak of your life and prayer. Your director will ask you questions, give you scripture passages, or suggest other ways to pray. You will spend the next 24 hours praying, walking in the grounds of Galilee, napping or just being quiet. Then you will report to your guide about your day.

### Retreat Schedule

#### OPENING DAY

##### Sunday – August 8<sup>th</sup>, 2021

- 02:00 PM Directors meeting
- 05:00 PM Retreatants Arrive
- 05:30 PM Dinner
- 07:00 PM Opening Session

##### Monday, August 9<sup>th</sup> to Friday, August 13<sup>th</sup>, 2021

- 08:00 AM Breakfast
- 11:00 AM Eucharist
- 12:00 PM Lunch
- 05:00 PM Adoration
- 05:30 PM Dinner

#### CLOSING DAY

##### Saturday – August 14<sup>th</sup>, 2021

- 08:00 AM Breakfast
- 11:00 AM Eucharist
- 12:00 PM Lunch
- 02:00 PM Departure