



Holy Week Retreat Day Schedule

Tuesday March 31st, 2026 – 10:00-3:00pm

10:00-11:30am – Welcome, morning prayer, Lectio Divina- teaching and practice

11:30-12:00- Journal, walking meditation, rest

Noon – 1:30pm – Lunch & Open time- rest, walk, journal, art table

1:30-2:30 pm – Labyrinth walking meditation – 2 offerings to walk the Stations of the Cross – traditional and contemporary versions. Either outside or indoor canvas labyrinth.

2:30-3:00pm - Closing with refreshments

Consider coming 10-15 minutes earlier to get settled.

For more info contact Susan – susankehoe15@gmail.com