

GALILEE CENTRE

Widow's Retreat



NOVEMBER 6-8, 2026

This retreat is created to offer widows a gentle and welcoming space where peace, connection, and healing can be found. It is a time to be surrounded by support, reminded that you are not alone, and to share in comfort with others who understand.



A Time of Peace, Connection & Relaxation

- WORKSHOPS
- CEREMONY AND SHARING
- MUSIC
- YOGA & MEDITATION
- CONNECTION WITH NATURE
- HEALING SERVICES INCLUDING SOUND BATHS, ETC.

Cost: \$500 per person, includes single room, 6 meals and programming.
(Note: Some healing services may have an additional surcharge)

Facilitator: Cassie Farrell



BOOK NOW

www.galileecentre.com/widows-retreat

613-623-4242 x21

Galilee Centre
398 John St. N.
Arnrior, ON